

Basic Coaching Skills Play Sheet

Coaching Partner Call Agendas 1-3

1) The Spirit of Play

Challenge each other to bring the spirit of play into an area of life where you would typically “work”. Share examples of how the spirit of play could be applied to past situations and endeavors.

2) Coaching Power Cycle

Continue to support and challenge each other to bring the spirit of play into your games as players. Share examples of how you have used the Coaching Power Cycle in a coaching session

3) Expand Awareness

Continue to support and challenge each other to bring the spirit of play into your games as players. Go deeper into what it means to PLAY in life. Share examples of how you created awareness with a player in a coaching session